

# Raghuram Ananthoj, Founder RIC (Leadership Coach)



- ✓ **Bachelors in Civil Engineering with 20 Years of experience in IT in various leadership roles spanning more than 10 countries across North America, South America, Europe, Africa, Middle-East & Asia Pacific**
- ✓ **Conducted ~200 workshops in India, US, Brazil, & France. Participants include students, corporate employees, teachers, heads of the schools, & lecturers.**
- ✓ **Author of the books, The Everlasting Leader & Read.Think.Act.**
- ✓ **Member of GNITS (G Naryanamma Institute of Technology & Science for Woman, Shaikpet, Hyderabad) Board of Studies.**
- ✓ **He was also was part of the Hyderabad Ranji Trophy Cricket team**

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**Helping People Realise Their True Potential**

IT professional Raghuram Ananthoj of Leading Self conducts motivational sessions pro bono

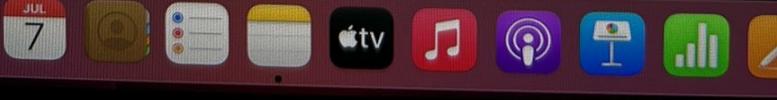


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By Suhas Yellapantula | Hyderabad  
Getting people to believe in themselves and realise their potential is the goal of IT professional Raghuram Ananthoj, founder of Leading Self, an unconventional educational programme. An IT program manager at DELL Computers by profession, Raghuram hails from the old city of Hyderabad. He has a Bachelor's degree in Civil Engineering from Osmania University. However, Raghuram was compelled by an inner desire to share his experiences and teach people to be self-confident and self-assured, and that led him to start Leading Self in June 2013, through which he delivers motivational sessions for free.

"I felt there was something lacking in our education system. Our education system doesn't teach kids about human potential; children don't know what they can achieve. I try and prove



## Evolution of plant-based supplements & nutrition in India

**C**onsumption of plant-based supplements and nutrition in India has seen a significant rise in the past few years. This is due to the growing awareness of the health benefits of these products. Plant-based supplements are made from natural ingredients and are free from artificial additives. They are easy to digest and do not cause any side effects. In addition, they are also rich in antioxidants, which help in fighting free radicals and preventing diseases. The market for plant-based supplements in India is expected to grow further in the coming years.

**W**ith the increasing demand for plant-based supplements, many companies have started producing these products. Some of the popular brands include Nature's Blessings, Plant Power, and GreenLife. These companies offer a wide range of products, including protein powders, vitamins, and minerals. They also offer personalized nutrition plans based on the individual's health and lifestyle. This has helped many people to improve their overall health and well-being.

## Thrive and feel valued



## Links to Videos:

Raghuram Ananthoj - Borrowed Thinking Vs Independent Thinking: <https://www.youtube.com/watch?v=YWFo5Te5Lsw&t=12s>

<https://www.youtube.com/watch?v=1VIG-ci4sR4>

RIC2022 Goa Launch Raghuram Ananthoj: [https://youtu.be/09Xi4\\_g3PiE](https://youtu.be/09Xi4_g3PiE)

RIC2022 Goa Launch Raghuram Ananthoj: <https://youtu.be/v2mbQbCKI7Q>



**रीड इंडिया सेलिब्रेशन** | संवर्षाकरी रीडिंग सार्वजनिक प्रोग्रामांत शिबिरांत 'रीड इंडिया सेलिब्रेशन'चे संस्थापक रघुराम अनंतोय, सोमवार कोकणसाद LIVE व इंडियन कोकणसादचे एडिटर इन चीफ सागर पद्मना, गोवा काका अकादमीच्या (आय. हर्न फेडर) सभ्याक भवता हुसैन, वीकेसीचे विनयक अजय सावंत - भोसले, दुर्गाबा घावतियाक उदित नरनायक.

### तिवचार

**उच्च व्याख्यान कॉमर्स फुडच्याक शिटकायलें**  
जुनी दिल्ली: कावळी कुवरी आनी कॅन्डी मनी सुनी हुसनी हांणी सावन केल्या मातहत्या प्रकल्पांत दिल्ली उच्च व्याख्यान कॉमर्स फुडच्याक सभ्याक शिटकायलें. सुनी हुसनी आनी सुनी हुसनी हांणी सावन केल्या मातहत्या प्रकल्पांत दिल्ली उच्च व्याख्यान कॉमर्स फुडच्याक सभ्याक शिटकायलें. सुनी हुसनी आनी सुनी हुसनी हांणी सावन केल्या मातहत्या प्रकल्पांत दिल्ली उच्च व्याख्यान कॉमर्स फुडच्याक सभ्याक शिटकायलें.

### वर्नाटकांत भाजपा कार्यक्रमां उपरांत आनीक एका तरणाट्याची हत्या

**भारत:** कर्नाटकांतल्या मंगळूर शिबिरांत आनकाळी एका 23 वर्सा शिबिराच्या तरणाट्याची हत्या केल्या. शिबिरांत आनकाळी एका 23 वर्सा शिबिराच्या तरणाट्याची हत्या केल्या. शिबिरांत आनकाळी एका 23 वर्सा शिबिराच्या तरणाट्याची हत्या केल्या.

## जिणेंत येसस्वी जावपाक वाचन म्हत्वाचें: मुख्यमंत्री

'रीड इंडिया' सेलिब्रेशन महोत्सवाचो गोंयांत शुभारंभ



'रीड इंडिया' सेलिब्रेशन कार्यक्रमांत घराब्या नुबळीचें अं प्रमोद सावंत, मुळाव कार्याक्रमाक हाजीर आसिल्ले मातहत (दारणा पिसुनीक)

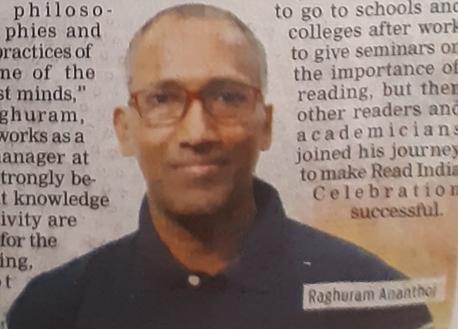
मुळावकार शिबिरांत सुनी हुसनी हांणी सावन केल्या मातहत्या प्रकल्पांत दिल्ली उच्च व्याख्यान कॉमर्स फुडच्याक सभ्याक शिटकायलें. सुनी हुसनी आनी सुनी हुसनी हांणी सावन केल्या मातहत्या प्रकल्पांत दिल्ली उच्च व्याख्यान कॉमर्स फुडच्याक सभ्याक शिटकायलें.

**H**e somehow got into Chaitanya Bharathi Institute of Technology (CBIT), one of the top engineering colleges in the city, but failed in all his subjects. He was confused about his carrier, so he started reading — but was not reading academic books. He was reading for pleasure. Books, he believes, has helped him grow. He has travelled to 15 countries and has worked in 10 of them. Meet Raghuram Ananthoj, the founder of city-based initiative Read India Celebration that cultivates the habit of reading and aims to spark independent ideas in the minds of young Indians.

# Spreading the joy of reading

a habit that helps them develop an unconventional thought process, diverse opinions and become future leaders. "All I try and do is make students realise the potential and value of non-academic books for personal growth. Books expose young minds to the ideas, philosophies and practices of some of the greatest minds," says Raghuram, who also works as a project manager at Dell. He strongly believes that knowledge and creativity are nutrition for the whole being, and not just the mind.

Read India Celebration aims to spark independent ideas in the minds of young Indians



Raghuram Ananthoj

Since 2014, Read India Celebration has been engaging students from various schools and colleges across the country in a transformative, non-academic reading and leadership experience. The initiative focuses on three main aspects -- read, think and act. It encourages students to pursue reading as

There was a time when Raghuram was confused about what he could do in life, until he started to read. "Many students are confused, but are not introduced to non-academic readings. So, they feel lost. I know the feeling of being lost and I don't want students to feel that way because they have a lot of hidden potential," he says. Initially, he used to go to schools and colleges after work to give seminars on the importance of reading, but then other readers and academicians joined his journey to make Read India Celebration successful.

विद्यार्थ्यांचे वाचनचें चड ह्या दिकाक वाच. कायम तिकाचेंचें पुस्तिका म्हत्वाची, अशें सुट्टें घेवपाचें संस्थापक प्रमोद आचार्य हांणी म्हळां. मातहत, हे कावळीक रघुराम-सावंत हांणी तिकाचेंचें ह्यावेळीं आसिल्लें. कावळीक रघुराम-सावंत हांणी तिकाचेंचें ह्यावेळीं आसिल्लें. कावळीक रघुराम-सावंत हांणी तिकाचेंचें ह्यावेळीं आसिल्लें.